LOYOLA COLLEGE (AUTONOMOUS), CHENNAI – 600 034

M.A. DEGREE EXAMINATION – SOCIAL WORK FOURTH SEMESTER – APRIL 2010

SW 4803 / SW 3805 - COUNSELLING

Date & Time: 15/04/2010 / 9:00 - 12:00 Dept. No. Max. : 100 Marks

SECTION - A

Answer ALL questions. Answer to each question not exceeding 50 words. (10x2=20)

- 1. Differentiate Counseling and Psychotherapy.
- 2. List the Four major life style positions of Transactional Analysis theory.
- 3. What is Career Counseling?
- 4. Mention any four features of a Profession.
- 5. Give any four reasons for Goal Setting.
- 6. What is Family Schism?
- 7. Expand SOLER & SMART.
- 8. Mention any Two Organisations involved in Family Counseling.
- 9. What do you mean by Resilience? Give an example.
- 10. List any four situations that may lead to marital discord.

SECTION - B

Answer any FOUR of the following. Answer to each question not exceeding more than 300 words (4x10=40)

- 11. Discuss qualities of an effective counselor.
- 12. Bring out the main features of Gestalt Therapy.
- 13. Discuss the Ethical Standards to be practiced in counseling.
- 14. Comment on the need for Career counseling in India.
- 15. Write a short note on the four main ingredients of counseling relationship.

SECTION - C

Answer any TWO of the following. Answer to each question not exceeding more than 600 words (2x20=40)

- 16. Illustrate with examples the applicability of Rational Emotive Therapy.
- 17. Discuss in detail the Essential Skills and Techniques of counseling.
- 18. Describe the various Components of counseling people living with HIV/AIDS
